

# Facebook Survey

## Q9 In what way has Facebook negatively affected your life and relationships?

Answered: 56 Skipped: 16

#	Responses	Date
1	I feel obligated to be friends with family and all they do is annoy me with all of their constant postings of pictures every 20 minutes and recipes...omg that is what Pinterest is for!	3/13/2014 4:20 PM
2	Don't really think it has.	3/13/2014 4:19 PM
3	Some pictures have offended and needed to be taken down.	3/13/2014 4:15 PM
4	I don't feel it has affected any of my personal relationships negatively, but I also try not to use FB as a way to put other people down. I look at it as a way to keep up with people I wouldn't otherwise.	3/13/2014 3:37 PM
5	It is extremely habit forming and time consuming.	3/13/2014 3:32 PM
6	People take it so seriously, and forget that issues can be resolved in the old ways, and just because someone isn't your friend on facebook doesn't mean they're not your friend in real life. That, and the parts where I get annoyed with people based on things they post on facebook, not how they are in real life.	3/13/2014 1:07 PM
7	Up to date on family news (babies, health, birthdays)	3/13/2014 12:19 PM
8	Takes up time.	3/13/2014 9:20 AM
9	"Defriending" folks, especially family, has been an issue. Sometimes other family members will use FB to gain "data" against others -- that is simply wrong!	3/13/2014 7:28 AM
10	Arguments with insecure past boyfriends	3/13/2014 4:21 AM
11	I don't talk with people as much as I used to via the phone. FB makes it quick and easy to send a short note. I miss deeper conversations.	3/12/2014 11:17 PM
12	people spend too much time on it	3/12/2014 11:05 PM
13	Husband doesn't like how much time I spend on facebook	3/12/2014 9:13 PM
14	I can see what kinds of things my friends are doing to which I haven't been extended an invitation.	3/12/2014 9:08 PM
15	Makes me realize I have no friends (for real!)	3/12/2014 8:57 PM
16	I tend to find myself comparing my life with others, which is not the positive use of my time. It's also easy to rekindle or quasi-stalk old flings - also not good.	3/12/2014 8:39 PM
17	No privacy	3/12/2014 8:15 PM
18	Facebook has NOT affected my life or relationships in a negative manner.	3/12/2014 7:35 PM
19	You judge from a distance	3/12/2014 6:28 PM
20	Ex-wife sees more than she needs to. If we aren't FB friends, she would just use our daughter's account to stalk my business.	3/12/2014 5:28 PM
21	Too easy for others to get jealous.	3/12/2014 5:16 PM
22	I know every detail about people's lives and therefore do not feel compelled to call or text about what is going on in their life...because I already know.	3/12/2014 5:13 PM
23	I've been able to stay in touch with friends from high school and even elementary/ jr high. I also would not know my cousins if it weren't for Facebook	3/12/2014 5:07 PM
24	If no one comments on things I post, it makes me feel unwanted. I also dislike it when people argue with me or other ppl who have commented on my posts.	3/12/2014 5:00 PM
25	Can be very time consuming!	3/12/2014 4:32 PM
26	It's become a habit of my hubby to constantly peruse when we are at dinner.	3/12/2014 4:30 PM

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27	I keep track of people that I should let go (exes, deceased friends and who posts on their wall..)	3/12/2014 4:27 PM
28	Being from a different region of the country, I see a lot of my friends with VASTLY different political views -- it's not the differences that make me lose respect for them, but the lack of logic some of them have when coming to their conclusions.	3/12/2014 4:24 PM
29	When I was young and dramatic, it was all about who is friends with whom, who is talking through Facebook, posting photos with people, just petty things like that	3/12/2014 4:04 PM
30	It has caused friendships to fall-through simply because we stopped talking/texting once we became facebook friends.	3/12/2014 4:04 PM
31	It hasn't	3/12/2014 3:43 PM
32	I don't believe it has...I try to use it to inspire and encourage others...and I try not to spend so much time on it that it's a distraction to face-to-face relationships.	3/12/2014 3:40 PM
33	I've noticed some people are more likely to bully behind a computer. Also, I now know how many feel about certain hot issues and that sometimes makes me like them less.	3/12/2014 3:38 PM
34	Sometimes the urge to compare in a bad way is huge. Sometimes people post judgmental stuff or consistently negative stuff. Most of them I've now "unfollowed" so I don't see it in my feed. If they irritate me repeatedly I banish them from my feed. Cause who needs that???	3/12/2014 3:36 PM
35	N/a	3/12/2014 3:36 PM
36	BABY PICTURES! We're unable to have kids - is it just me or is everyone pregnant and/or posting (I mean, plastering) newborn pictures? Makes me hurt every single time. Makes me hurt for my parents also. In "real life", I wouldn't be so REMINDED of my failures.	3/12/2014 3:31 PM
37	None, really, save for the occasional temptation (torture) of looking up an ex (the one who, seemingly, got away). That's almost never healthy.	3/12/2014 3:30 PM
38	I've avoided many "friends" due to their politics	3/12/2014 3:23 PM
39	As Facebook has become more ubiquitous, casual acquaintances and professional contacts have used it to connect with me. Thus I've had to compartmentalize more, e.g., ensure that I'm sharing certain things only with certain people. It's not necessarily negative, but it does seem like a waste of mental energy sometimes. Note: I do social marketing for a living, so I can't *not* accept clients' friend requests, etc on Facebook	3/12/2014 3:12 PM
40	Being able to speak your mind, engage in debates (sometimes heated), publicly support politics and causes, can polarize friends and cause "defriending". Some air too much dirty laundry which can also cause unfollowing, ,defriending, and occasionally blocking.	3/12/2014 3:06 PM
41	Sometimes I do compare my life to other people's FB lives and have to bring myself back to reality, which depending on the subject can take longer (ie: "here's me blowing money and having no cares" is harder to move past over things like "this is what my kid did today") I also get annoyed at people's posts and see how shallow, artificial, or even negative they can be and that makes me not like them. I've actually hidden most of my family because all they do is post inspirational posts about how great life is when I know that it isn't the life they're living.	3/12/2014 2:56 PM
42	Discouraging, their achievements and travels make me feel inadequate	3/12/2014 2:49 PM
43	Political allegiances have divided friends and cost me several relationships.	3/12/2014 2:40 PM
44	Regarding question 8...seems like FB has become a way of friends/family "getting out of" calling or even texting me on my birthday or special occasions. Also, I am not sure sometimes if people actually remember my birthday they like used to since they have to know it's my bday b/c FB told them. I will do the standard "Happy Birthday" post on friend's walls but with my good friends, I still text or call them for the personal touch in addition to posting on their wall (and I normally remember birthdays if it's someone I've known for a long time).	3/12/2014 2:40 PM
45	Why call ppl? I can just message them on my own timeline and they respond on theirs	3/12/2014 2:37 PM
46	I recently had to detox from my iPhone - I was focusing more on it than on my husband during quality time together. I HATE that my sister posts about us meeting up on Facebook before standing up to actually greet me.	3/12/2014 2:37 PM
47	It hasn't. I don't get into drama over Facebook	3/12/2014 2:35 PM

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48	I tend to rely too much on facebook to communicate with some friends who live out of town that I used to be super close with by phone & in person visits.	3/12/2014 2:31 PM
49	I get mad at people that post ridiculous things	3/12/2014 2:26 PM
50	Difficult to have meaningful conversations or learn new things from them that I didn't already know from Fb, makes me lazy in personally connecting with family and friends	3/12/2014 2:16 PM
51	I am more careful with who I spend time with based on their posts, pictures, and drama they put on Facebook	3/12/2014 2:13 PM
52	I think it induces a certain amount of laziness in friendships. People just don't tend to put the time in when someone already "knows what their doing".	3/12/2014 2:08 PM
53	Mutual friends when relationships go bad, make it hard to interact even after unfriending/blocking the other person.	3/12/2014 1:52 PM
54	I feel like some of my close friends have distanced themselves recently after I posted some trials in my life meanwhile friends that aren't in my inner circle have been incredibly supportive.	3/12/2014 1:42 PM
55	The fact that you can't see the person you're talking to can often lead to more hostile comments	3/12/2014 12:16 PM
56	Less interaction because friends will post things and assume I saw it, so they won't tell me about happenings in their lives	3/12/2014 11:56 AM